

INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING 26TH JUNE

According to WHO 2.6 millions death per year were attributable to alcohol consumption , accounting for 4.7% of all deaths ,and 0.6 millions deaths to psychoactive drug use

RISK FACTORS

long term health impact such as liver, kidney and heart problems or cancer, mental health issues such as anxiety, depression, personality disorder, SUD, suicidal thoughts, attempted suicide.

MANAGEMENT

- avoid temptation and peer pressure
- seek help for mental illness
- Examine the risk factor
- keep a well balanced life

THE NARCOTIC DRUGS AND PSYCHOTROPIC SUBSTANCES ACT PROHIBITS THE CULTIVATION, PRODUCTION, SALE, PURCHASE, TRADE, IMPORT, EXPORT, USE, CONSUMPTION OF PSYCHOTROPICS AND NARCOTICS EXCEPT FOR SCIENTIFIC AND MEDICAL PURPOSES . THE ACT IS PRIMARILY PUNITIVE.