

**BARASAT GOVERNMENT COLLEGE**

**Department of Philosophy**

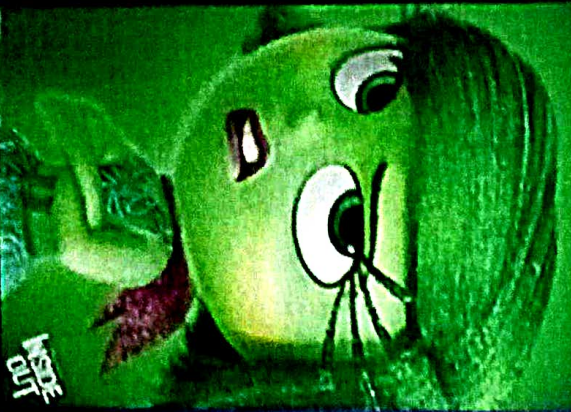
**33 Hours Value-added Course**

**A LIFE SKILL**

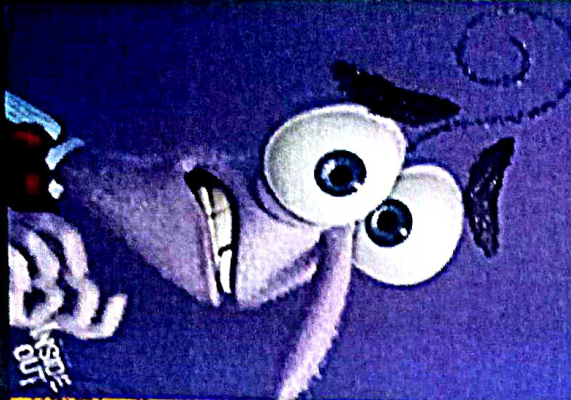
# **Understanding Emotion**

**Emotion and its significance in Human life**

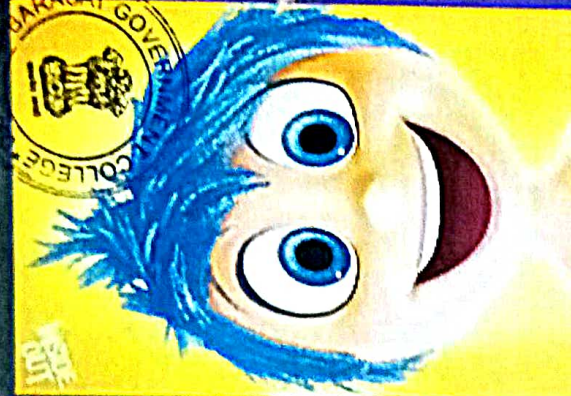
**DISGUST**



**FEAR**



**JOY**



**SADNESS**



**ANGER**





BARASAT GOVERNMENT COLLEGE  
ESTD 1930



# Kolkata, West Bengal, India

10, K.N.C Road Barasat (N, Gupta Colony, Barasat, Kolkata,

West Bengal 700124, India

Lat 22.717403°

Long 88.480569°

23/11/22 12:28 PM GMT +05:30

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# STRESS কোন কোন পরিস্থিতিতে হতে পারে?

- জেথাপড়া (Career)



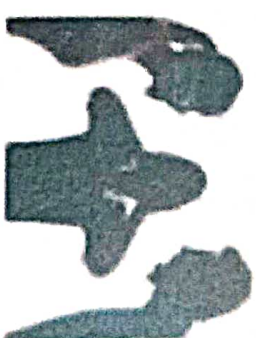
- কর্মসংস্থান বিষয়ে (Stu

- সম্পর্ক নিয়ে (Relation



- পরিবার সম্বন্ধীয় (Family)

- লেগা (Addiction)



PHYSIOLOGICAL FOUNDATION OF STRESS

45:28 / 2:15:01