



NSS Unit
Barasat Government College
organizes a special program
on
Stress Management and
Self-development through
Yoga and Meditation
On
June 13, 2022

From 11 am onwards
Venue : Annex Building, Seminar Hall



BK Asmita
Rajyoga teacher
Trainer in self management
and motivational speaker
Bramha Kumaris



Patron
Dr. Samar Chattopadhyay
Principal (WBSES)
Barasat Government College