

**NSS UNIT
BARASAT GOVERNMENT COLLEGE
OBSERVES
INTERNATIONAL**

YOGA DAY



THEME: YOGA FOR WOMEN EMPOWERMENT.

- **SPEECH ON THIS YEAR'S THEME AND DEMONSTRATION OF DIFFERENT POSTURES OF YOGA:**
RESOURCE PERSONS:
1.ANTARA BANERJEE
2.DIBYENDU SEKHAR MOHANTY
3.SUBHRA TALAI MUKHOPADHYAY
- **YOGA COMPETITION FOR NSS VOLUNTEERS**

21.6.2024

ROOM NO.1 FROM 11:30 ONWARDS
