

Department of Geography

Barasat Government College

On 12 June 2023 (2:00 – 4:00 pm), the Department of Geography, Barasat Government College has organised a Special Mentoring Programme on **Mental Health & Emotional Well-Being** for the students of this department. Dr. Paramita Bhattacharya, Faculty of Bengali, Barasat Government College has conducted the session towards awareness generation and consciousness development on mental health. She has also focused on importance and ways of maintaining good mental health.

